

EMOTIONAL NEEDS

Rank each Emotional Need from most important to least important according to what you need to be satisfied in your relationship (write "1" before the most important need, "2" before the next most important, and so on until you have ranked all 10). Below each need, provide two concrete examples of how your partner could meet that need specifically.

_____ **Affection**

Example 1: _____

Example 2: _____

_____ **Sexual Fulfillment**

Example 1: _____

Example 2: _____

_____ **Conversation**

Example 1: _____

Example 2: _____

_____ **Recreational Companionship**

Example 1: _____

Example 2: _____

_____ **Honesty and Openness**

Example 1: _____

Example 2: _____

_____ **An Attractive Spouse**

Example 1: _____

Example 2: _____

_____ **Financial Support**

Example 1: _____

Example 2: _____

_____ **Domestic Support**

Example 1: _____

Example 2: _____

_____ **Family Commitment**

Example 1: _____

Example 2: _____

_____ **Admiration**

Example 1: _____

Example 2: _____